

## **STANDPOINT**

By Prof. Kirilka Simeonova Tagareva, PhD, Plovdiv University “Paisii Hilendarski”,  
research direction 3.2. Psychology,

on scientific papers for participation in a competition for the academic position of  
associate professor, by professional direction 3.2. Psychology, announced in SG No.  
41/10.05.2024,

with candidate Head Assistant Nadia Hristova Kolcheva, PhD

### **I. Assessment of compliance with the minimum national requirements and the requirements of New Bulgarian University**

The reference of Head Assistant Nadia Hristova Kolcheva, PhD, clearly shows that with her work and her achievements, she meets and exceeds approximately twice the minimum national requirements from the Law on the Development of Academic Staff in the Republic of Bulgaria (LDSAB) and the additional requirements of the New Bulgarian University (NBU) for occupying the academic position “associate professor” in professional direction 3.2 Psychology. Head Assistant N. Kolcheva achieved 1086.66 points out of the required 570 points in the map for implementation of the minimum national requirements and the requirements of the New Bulgarian University.

### **II. Research activity and results**

Head Assistant Nadia Hristova Kolcheva, PhD., presented the monograph “Significant others in a person's life” as a habilitation thesis, publishing house of New Bulgarian University, ISBN 978-619-233-281-5. The book corresponds to the requirements for a monographic work in terms of its nature, completeness and volume. The monograph is an in-depth and comprehensive study of a current topic. It is the result of many years of creative efforts on the side of the author and makes significant contributions to the scientific field of decision-making from the perspective of psychology. A person's relationships with significant other people - parents, teachers, intimate partners, supervisors at the workplace - have been studied. The monograph thoroughly analyzes relevant literary sources and presents its own empirical research. The contributions of the work are expressed in the verification of the interpersonal acceptance-rejection model (IPARTheory) in the Bulgarian cultural environment. It has been empirically proven that the perceived interpersonal acceptance and/or rejection has a

significant interrelationship with the psychological (mal)adjustment of the individual in childhood and adulthood. The results of these author's studies can be useful for parents, teachers, specialists, managers, as well as for practical applications in raising and educating children and improving relationships in the intimate and professional sphere.

In addition to the monograph as a candidate for this competition, Head Assistant Nadia Hristova Kolcheva, PhD, presents 25 articles, 3 studies and 5 publications - chapters of collective monographs, which are indicative of her systematic and purposeful work for years on current topics. In some of them, various factors and aspects of “parent-child” relationships are studied - behavioral problems, aggressive and victim behavior, personality characteristics of children, anxiety, etc. Another part of them relate to career development in early adulthood, to the training of university professors in Europe, etc. A large part of the publications is in referenced and indexed databases for scientific publications, a sign of the high quality of the implementation of the research tasks that the author sets herself. They represent an undoubted and original contribution to scientific knowledge.

The reference also indicates 21 citations of the publications of Head Assistant Nadia Hristova Kolcheva, PhD., from other authors in scientific publications from international databases with scientific information. This shows that the candidate's research and achievements have been recognized and have received well-deserved recognition by both the international and the Bulgarian scientific community.

### **III. Learning and teaching activity**

The educational and teaching activities of Head Assistant Nadia Hristova Kolcheva, PhD, meets the requirements of the NBU. She is the author of a series of courses in the electronic learning module “MOODLE – NBU”. She supervised more than 19 graduates who successfully defended their diplomas. According to regularly conducted surveys, student satisfaction with her teaching work is high.

### **IV. Administrative and public activity**

Head Assistant Nadia Hristova Kolcheva, PhD, is an active participant in the life of the psychology department at the NBU. He regularly participates in the meetings of the department council. She was also the director of the bachelor program “Psychology”. She is the head and coordinator of the Test Library at the Department of Cognitive Science and Psychology.

### **V. Personal impressions of the candidate**

I have positive impressions of Nadia Kolcheva. In the discussions I have had with her during international and national forums, she has been very careful, precise, correct, comprehensive and good-natured.

## **VI. Opinions, recommendations and notes on the activity and achievements of the candidate**

The main contributions of the research activity of Head Assistant Nadia Hristova Kolcheva, PhD., related to the current competition are convincingly demonstrated through the presented monographic work and a significant number of publications, including in refereed and indexed international editions. They conclude in the study of different age periods, a number of psychological constructs, their specific features and interrelationships, on the basis of which models applicable in practice are derived. These are:

1. Study of interpersonal relationships within the framework of interpersonal acceptance-rejection theory (IPARTheory). There is an adaptation and empirical verification of the IPARTheory model in Bulgarian social conditions.
2. Study of parent-child relationships, parenting styles and their correlations.
3. Construction, translation, adaptation and standardization of assessment tools.
4. Examination and evaluation of children with typical development and with developmental deficits.
5. Study of various aspects and dynamics of development in childhood and adolescence.
6. Study of social development and development of social and emotional skills.
7. Study of career realization and training.

## **Conclusion**

The documents and materials presented by Head Assistant Nadia Hristova Kolcheva, PhD., meet all the requirements of the LDSAB, the Regulations for the LDSAB and the relevant Regulations of the NBU.

The candidate Head Assistant Nadya Hristova Kolcheva, PhD., has presented a sufficient number of scientific papers published after the materials for Chief Assistant. The candidate's works include original scientific and applied contributions that have received international recognition. The theoretical developments have practical applicability, and some of them are directly oriented to the academic work. The scientific and teaching qualifications of Head Assistant Nadia Kolcheva, PhD., are unquestionable.

The achievements of Head Assistant Nadia Hristova Kolcheva, PhD, result in educational and research activities that fully correspond to the minimum national and additional requirements of the NBU.

After getting acquainted with the materials and scientific works presented in the competition, analyzing their significance and the scientific, scientific-applied and applied contributions contained in them, I find it reasonable to give my **positive** assessment and recommend the Scientific Jury to prepare a report-proposal to the Academic council of the NBU for the election of Head Assistant Nadia Hristova Kolcheva, PhD., for the academic position of “associate professor” at the NBU in: field of higher education 3. Social, Economic and Legal Sciences professional direction 3.2. Psychology.

02.08.2024

Signature: